

RIGHTS & RESPONSIBILITIES OF EMPOWERED INTROVERTS

Be a leader in your own life
as a partner, a parent, a leader,
a role model, or an advocate for
what's important to you.



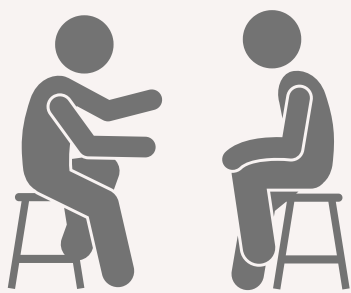
1 I HAVE THE RIGHT TO BE
DEFINED BY MY
STRENGTHS. I KNOW
THEM & I USE THEM.



2 I HAVE THE RIGHT TO
CONTEMPLATE & FOCUS.
I'M THOUGHTFUL &
MEASURED IN MY
APPROACH.



3 I HAVE THE RIGHT TO
SEEK SOLITUDE. I KNOW
HOW TO AVOID
BURNOUT.



4 I HAVE THE RIGHT TO
SEEK DEPTH.
I APPRECIATE
AUTHENTICITY &
GENUINE CONNECTION.



5 I HAVE THE RIGHT NOT
TO DEFEND MYSELF & MY
WAY OF BEING IN THE
WORLD.



6 I HAVE THE RIGHT TO
RECHARGE ON MY OWN
TERMS. I MANAGE MY
ENERGY SKILLFULLY &
STRATEGICALLY.